

Good Grief Workshop

Wednesday August 30th – 2 PM Luther Hall

Grief is a normal part of the process of mourning our losses. It is a part of all our lives though we don't often want to think about it. This workshop gives us the opportunity to talk about this natural process and how we can find meaningful solace, and strength even amidst of our pain. During our time together we will explore how the words "good" and "grief" can go together. Our workshop leader is Jonathan Beard, long-time Chaplin and community educator with Hospice of Nature Coast and Citrus County. August 30th (Wednesday) at 2 pm here at Hope Evangelical Lutheran Church.